



## Best Free Resources to Improve English Listening Skills

Looking to sharpen your English listening skills? Here are some of the **best free resources** to help you improve naturally — and enjoyably!

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### YouTube Channels You'll Love:

- **Listening Time** – Great for slow, clear, and thoughtful English listening practice.  
<https://www.youtube.com/@ListeningTime>
  - **English Listening Practice** – Focused listening exercises to build your ear for English.  
<https://www.youtube.com/@englishlisteningpractice>
  - **THE IELTS LISTENING TEST** – Ideal if you're preparing for IELTS or want a challenge.  
<https://www.youtube.com/@THEIELTSLISTENINGTEST>
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### More Powerful Resources:

- **TEDx Talks** – Real stories, inspiring speakers, and a variety of accents.  
<https://www.youtube.com/@TED>
  - **ELLLO Views 1 to 50** – Great for understanding and improving the **American accent**.  
<https://elllo.org/english/Views/index.htm>
  - **British Council – A1 Listening** – Beginner-friendly listening activities from a trusted source.  
<https://learnenglish.britishcouncil.org/skills/listening/a1-listening>
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### How to Use These Resources Effectively

To get the best results:

- Stick with **one resource** for at least **30 days**.
- Choose a favorite YouTube speaker and **watch/listen to them for 15 days**.
- Then switch to another speaker for the next 15 days.



This helps your brain **tune into one voice and style** before adapting to another — a powerful way to improve your listening naturally